

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/01/2024</b> |             |                    |               |             |               |             |          |             |
| Fiesta Layered Dip with Chips - SR3885 (1 Box)   | 10          | 359.01             | 10.58         | 2.78        | 0.00          | 635.72      | 52.71    | 12.93       |
| Chef Salad - OKR1990 (1 salad)   | 10          | 211.35             | 12.71         | 6.16        | 0.00          | 403.14      | 9.33     | 16.54       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 10          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42617 - ServingDate: 04/02/2024</b> |             |                    |               |             |               |             |          |             |
| Strawberry Banana Parfait - SR1737 (1 parfait)   | 15          | 546.75             | 10.72         | 1.79        | 0.04          | 301.19      | 102.88   | 11.73       |
| Hearty Garden Vegetable Salad - SR3876 (1 salad)   | 15          | 180.45             | 6.86          | 2.29        | 0.00          | 270.37      | 20.41    | 11.46       |
| American Deli Style Sub - SR3874 (1 sandwich)  | 30          | 307.41             | 10.58         | 3.52        | 0.00          | 788.92      | 32.51    | 23.71       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |

## Menu Calendar Nutrient Analysis Report - April, 2024

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Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42617 - ServingDate: 04/02/2024</b> |             |                    |               |             |               |             |          |             |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42617 - ServingDate: 04/03/2024</b> |             |                    |               |             |               |             |          |             |
| Classic Hummus Box - SR3878 (1 Box)  | 10          | 534.60             | 34.68         | 9.78        | 0.00          | 1021.39     | 46.90    | 20.56       |
| Crispy Chicken Salad - SR3882 (1 salad)  | 25          | 269.20             | 14.27         | 3.77        | 0.00          | 460.05      | 19.92    | 17.19       |
| Italian Deli Style Sub - SR3873 (1 sandwich)   | 30          | 359.08             | 15.78         | 5.46        | 0.00          | 929.59      | 33.19    | 23.81       |
| Buffalo Chicken Wrap - SR3899 (1 wrap)   | 10          | 483.75             | 22.59         | 7.85        | 0.00          | 1762.91     | 48.61    | 21.27       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42617 - ServingDate: 04/04/2024</b> |             |                    |               |             |               |             |          |             |
| Protein Power Up Box - SR3879 (1 Box)  | 10          | 470.00             | 29.00         | 7.00        | 0.00          | 500.00      | 41.00    | 16.00       |
| Chicken Caesar Salad - SR3572 (1 salad)  | 15          | 164.21             | 6.89          | 1.46        | 0.00          | 396.38      | 10.09    | 15.83       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42617 - ServingDate: 04/04/2024</b> |             |                    |               |             |               |             |          |             |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 15          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/08/2024</b> |             |                    |               |             |               |             |          |             |
| Fiesta Layered Dip with Chips - SR3885 (1 Box)   | 10          | 359.01             | 10.58         | 2.78        | 0.00          | 635.72      | 52.71    | 12.93       |
| Chef Salad - OKR1990 (1 salad)   | 10          | 211.35             | 12.71         | 6.16        | 0.00          | 403.14      | 9.33     | 16.54       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 10          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |

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Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42617 - ServingDate: 04/09/2024</b> |             |                    |               |             |               |             |          |             |
| Strawberry Banana Parfait - SR1737 (1 parfait)   | 15          | 546.75             | 10.72         | 1.79        | 0.04          | 301.19      | 102.88   | 11.73       |
| Hearty Garden Vegetable Salad - SR3876 (1 salad)   | 15          | 180.45             | 6.86          | 2.29        | 0.00          | 270.37      | 20.41    | 11.46       |
| American Deli Style Sub - SR3874 (1 sandwich)  | 30          | 307.41             | 10.58         | 3.52        | 0.00          | 788.92      | 32.51    | 23.71       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42617 - ServingDate: 04/10/2024</b> |             |                    |               |             |               |             |          |             |
| Classic Hummus Box - SR3878 (1 Box)  | 10          | 534.60             | 34.68         | 9.78        | 0.00          | 1021.39     | 46.90    | 20.56       |
| Crispy Chicken Salad - SR3882 (1 salad)  | 25          | 269.20             | 14.27         | 3.77        | 0.00          | 460.05      | 19.92    | 17.19       |
| Italian Deli Style Sub - SR3873 (1 sandwich)   | 30          | 359.08             | 15.78         | 5.46        | 0.00          | 929.59      | 33.19    | 23.81       |
| Buffalo Chicken Wrap - SR3899 (1 wrap)   | 10          | 483.75             | 22.59         | 7.85        | 0.00          | 1762.91     | 48.61    | 21.27       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |

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Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42617 - ServingDate: 04/10/2024</b> |             |                    |               |             |               |             |          |             |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42617 - ServingDate: 04/11/2024</b> |             |                    |               |             |               |             |          |             |
| Protein Power Up Box - SR3879 (1 Box)  | 10          | 470.00             | 29.00         | 7.00        | 0.00          | 500.00      | 41.00    | 16.00       |
| Chicken Caesar Salad - SR3572 (1 salad)  | 15          | 164.21             | 6.89          | 1.46        | 0.00          | 396.38      | 10.09    | 15.83       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 15          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42617 - ServingDate: 04/12/2024</b> |             |                    |               |             |               |             |          |             |
| Deli Bento Box - OKR1991 (1 Box)   | 10          | 305.16             | 11.55         | 4.01        | 0.00          | 843.07      | 30.55    | 21.41       |
| Garden Fiesta Salad - SR3881 (1 salad)   | 15          | 226.19             | 9.49          | 5.03        | 0.00          | 641.24      | 24.57    | 12.31       |
| Turkey Ham and Cheese Sub - SR3870 (1 sandwich)  | 40          | 287.77             | 10.60         | 4.02        | 0.00          | 703.36      | 32.01    | 19.26       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |

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Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42617 - ServingDate: 04/12/2024</b> |             |                    |               |             |               |             |          |             |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 15          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/15/2024</b> |             |                    |               |             |               |             |          |             |
| Fiesta Layered Dip with Chips - SR3885 (1 Box)   | 10          | 359.01             | 10.58         | 2.78        | 0.00          | 635.72      | 52.71    | 12.93       |
| Chef Salad - OKR1990 (1 salad)   | 10          | 211.35             | 12.71         | 6.16        | 0.00          | 403.14      | 9.33     | 16.54       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 10          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42617 - ServingDate: 04/16/2024</b> |             |                    |               |             |               |             |          |             |
| Strawberry Banana Parfait - SR1737 (1 parfait)   | 15          | 546.75             | 10.72         | 1.79        | 0.04          | 301.19      | 102.88   | 11.73       |
| Hearty Garden Vegetable Salad - SR3876 (1 salad)   | 15          | 180.45             | 6.86          | 2.29        | 0.00          | 270.37      | 20.41    | 11.46       |
| American Deli Style Sub - SR3874 (1 sandwich)  | 30          | 307.41             | 10.58         | 3.52        | 0.00          | 788.92      | 32.51    | 23.71       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Un crustable Box - OKR1988 (1 portion)   | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42617 - ServingDate: 04/17/2024</b> |             |                    |               |             |               |             |          |             |
| Classic Hummus Box - SR3878 (1 Box)  | 10          | 534.60             | 34.68         | 9.78        | 0.00          | 1021.39     | 46.90    | 20.56       |
| Crispy Chicken Salad - SR3882 (1 salad)  | 25          | 269.20             | 14.27         | 3.77        | 0.00          | 460.05      | 19.92    | 17.19       |
| Italian Deli Style Sub - SR3873 (1 sandwich)   | 30          | 359.08             | 15.78         | 5.46        | 0.00          | 929.59      | 33.19    | 23.81       |
| Buffalo Chicken Wrap - SR3899 (1 wrap)   | 10          | 483.75             | 22.59         | 7.85        | 0.00          | 1762.91     | 48.61    | 21.27       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Un crustable Box - OKR1988 (1 portion)   | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |

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| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42617 - ServingDate: 04/17/2024</b> |             |                    |               |             |               |             |          |             |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42617 - ServingDate: 04/18/2024</b> |             |                    |               |             |               |             |          |             |
| Protein Power Up Box - SR3879 (1 Box)  | 10          | 470.00             | 29.00         | 7.00        | 0.00          | 500.00      | 41.00    | 16.00       |
| Chicken Caesar Salad - SR3572 (1 salad)  | 15          | 164.21             | 6.89          | 1.46        | 0.00          | 396.38      | 10.09    | 15.83       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 15          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/22/2024</b> |             |                    |               |             |               |             |          |             |
| Fiesta Layered Dip with Chips - SR3885 (1 Box)   | 10          | 359.01             | 10.58         | 2.78        | 0.00          | 635.72      | 52.71    | 12.93       |
| Chef Salad - OKR1990 (1 salad)   | 10          | 211.35             | 12.71         | 6.16        | 0.00          | 403.14      | 9.33     | 16.54       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned<br>Qty | Calories<br>(Kcal) | Total<br>Fat (g) | Sat Fat<br>(g) | Trans<br>Fat (g) | Sodium<br>(mg) | Carb<br>(g) | Protein<br>(g) |
|--|----------------|--------------------|------------------|----------------|------------------|----------------|-------------|----------------|
| <b>SY23-<br/>24_T4_Fast_SY23-24<br/>T4/FoodiE-CORE-<br/>FAST-Composed<br/>Recipes Day 1 :42617<br/>- ServingDate:<br/>04/22/2024</b> |                |                    |                  |                |                  |                |             |                |
| Sunbutter & Jelly<br>Sandwich Box -<br>OKR1989 (1 portion)   | 5              | 776.18             | 40.77            | 4.98           | 0.00             | 724.29         | 85.73       | 22.33          |
| Uncrustable Box -<br>OKR1988 (1 portion)   | 25             | 566.37             | 26.16            | 7.55           | 0.00             | 718.80         | 65.99       | 18.55          |
| Breadstick - SR1044 (2<br>breadstick)  | 10             | 160.00             | 2.00             | 0.00           | 0.00             | 190.00         | 28.00       | 6.00           |
| Taste4 Extras Bar -<br>SR2401 (1 serv.)  | 100            | (M)                | (M)              | (M)            | (M)              | (M)            | (M)         | (M)            |
| <b>SY23-<br/>24_T4_Fast_SY23-24<br/>T4/FoodiE-CORE-<br/>FAST-Composed<br/>Recipes Day 2 :42617<br/>- ServingDate:<br/>04/23/2024</b> |                |                    |                  |                |                  |                |             |                |
| Strawberry Banana<br>Parfait - SR1737 (1<br>parfait)   | 15             | 546.75             | 10.72            | 1.79           | 0.04             | 301.19         | 102.88      | 11.73          |
| Hearty Garden<br>Vegetable Salad -<br>SR3876 (1 salad)   | 15             | 180.45             | 6.86             | 2.29           | 0.00             | 270.37         | 20.41       | 11.46          |
| American Deli Style Sub<br>- SR3874 (1 sandwich)   | 30             | 307.41             | 10.58            | 3.52           | 0.00             | 788.92         | 32.51       | 23.71          |
| Chicken Caesar Wrap -<br>SR2557 (1 wrap)   | 10             | 441.68             | 23.67            | 6.52           | 0.00             | 680.56         | 37.34       | 19.70          |
| Sunbutter & Jelly<br>Sandwich Box -<br>OKR1989 (1 portion)   | 5              | 776.18             | 40.77            | 4.98           | 0.00             | 724.29         | 85.73       | 22.33          |
| Uncrustable Box -<br>OKR1988 (1 portion)   | 25             | 566.37             | 26.16            | 7.55           | 0.00             | 718.80         | 65.99       | 18.55          |
| Breadstick - SR1044 (2<br>breadstick)  | 40             | 160.00             | 2.00             | 0.00           | 0.00             | 190.00         | 28.00       | 6.00           |
| Taste4 Extras Bar -<br>SR2401 (1 serv.)  | 100            | (M)                | (M)              | (M)            | (M)              | (M)            | (M)         | (M)            |

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned<br>Qty | Calories<br>(Kcal) | Total<br>Fat (g) | Sat Fat<br>(g) | Trans<br>Fat (g) | Sodium<br>(mg) | Carb<br>(g) | Protein<br>(g) |
|--|----------------|--------------------|------------------|----------------|------------------|----------------|-------------|----------------|
| <b>SY23-<br/>24_T4_Fast_SY23-24<br/>T4/FoodiE-CORE-<br/>FAST-Composed<br/>Recipes Day 3 :42617<br/>- ServingDate:<br/>04/24/2024</b> |                |                    |                  |                |                  |                |             |                |
| Classic Hummus Box -<br>SR3878 (1 Box)   | 10             | 534.60             | 34.68            | 9.78           | 0.00             | 1021.39        | 46.90       | 20.56          |
| Crispy Chicken Salad -<br>SR3882 (1 salad)   | 25             | 269.20             | 14.27            | 3.77           | 0.00             | 460.05         | 19.92       | 17.19          |
| Italian Deli Style Sub -<br>SR3873 (1 sandwich)  | 30             | 359.08             | 15.78            | 5.46           | 0.00             | 929.59         | 33.19       | 23.81          |
| Buffalo Chicken Wrap -<br>SR3899 (1 wrap)  | 10             | 483.75             | 22.59            | 7.85           | 0.00             | 1762.91        | 48.61       | 21.27          |
| Sunbutter & Jelly<br>Sandwich Box -<br>OKR1989 (1 portion)   | 5              | 776.18             | 40.77            | 4.98           | 0.00             | 724.29         | 85.73       | 22.33          |
| Uncrustable Box -<br>OKR1988 (1 portion)   | 20             | 566.37             | 26.16            | 7.55           | 0.00             | 718.80         | 65.99       | 18.55          |
| Breadstick - SR1044 (2<br>breadstick)  | 40             | 160.00             | 2.00             | 0.00           | 0.00             | 190.00         | 28.00       | 6.00           |
| Taste4 Extras Bar -<br>SR2401 (1 serv.)  | 100            | (M)                | (M)              | (M)            | (M)              | (M)            | (M)         | (M)            |
| <b>SY23-<br/>24_T4_Fast_SY23-24<br/>T4/FoodiE-CORE-<br/>FAST-Composed<br/>Recipes Day 4 :42617<br/>- ServingDate:<br/>04/25/2024</b> |                |                    |                  |                |                  |                |             |                |
| Protein Power Up Box -<br>SR3879 (1 Box)   | 10             | 470.00             | 29.00            | 7.00           | 0.00             | 500.00         | 41.00       | 16.00          |
| Chicken Caesar Salad -<br>SR3572 (1 salad)   | 15             | 164.21             | 6.89             | 1.46           | 0.00             | 396.38         | 10.09       | 15.83          |
| Turkey & Cheese Sub -<br>OKR1987 (1 sandwich)  | 40             | 286.09             | 9.07             | 2.50           | 0.00             | 682.77         | 32.01       | 22.28          |
| Crispy Chicken Wrap -<br>SR3898 (1 wrap)   | 10             | 527.82             | 25.45            | 8.07           | 0.00             | 1157.37        | 56.72       | 20.34          |
| Sunbutter & Jelly<br>Sandwich Box -<br>OKR1989 (1 portion)   | 5              | 776.18             | 40.77            | 4.98           | 0.00             | 724.29         | 85.73       | 22.33          |
| Uncrustable Box -<br>OKR1988 (1 portion)   | 20             | 566.37             | 26.16            | 7.55           | 0.00             | 718.80         | 65.99       | 18.55          |
| Breadstick - SR1044 (2<br>breadstick)  | 15             | 160.00             | 2.00             | 0.00           | 0.00             | 190.00         | 28.00       | 6.00           |
| Taste4 Extras Bar -<br>SR2401 (1 serv.)  | 100            | (M)                | (M)              | (M)            | (M)              | (M)            | (M)         | (M)            |

## Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42617 - ServingDate: 04/26/2024</b> |             |                    |               |             |               |             |          |             |
| Deli Bento Box - OKR1991 (1 Box)   | 10          | 305.16             | 11.55         | 4.01        | 0.00          | 843.07      | 30.55    | 21.41       |
| Garden Fiesta Salad - SR3881 (1 salad)   | 15          | 226.19             | 9.49          | 5.03        | 0.00          | 641.24      | 24.57    | 12.31       |
| Turkey Ham and Cheese Sub - SR3870 (1 sandwich)  | 40          | 287.77             | 10.60         | 4.02        | 0.00          | 703.36      | 32.01    | 19.26       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 20          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 15          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/29/2024</b> |             |                    |               |             |               |             |          |             |
| Fiesta Layered Dip with Chips - SR3885 (1 Box)   | 10          | 359.01             | 10.58         | 2.78        | 0.00          | 635.72      | 52.71    | 12.93       |
| Chef Salad - OKR1990 (1 salad)   | 10          | 211.35             | 12.71         | 6.16        | 0.00          | 403.14      | 9.33     | 16.54       |
| Turkey & Cheese Sub - OKR1987 (1 sandwich)   | 40          | 286.09             | 9.07          | 2.50        | 0.00          | 682.77      | 32.01    | 22.28       |
| Crispy Chicken Wrap - SR3898 (1 wrap)  | 10          | 527.82             | 25.45         | 8.07        | 0.00          | 1157.37     | 56.72    | 20.34       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 10          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie High School  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42617 - ServingDate: 04/29/2024</b> |             |                    |               |             |               |             |          |             |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |
| <b>SY23-24_T4_Fast_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42617 - ServingDate: 04/30/2024</b> |             |                    |               |             |               |             |          |             |
| Strawberry Banana Parfait - SR1737 (1 parfait)   | 15          | 546.75             | 10.72         | 1.79        | 0.04          | 301.19      | 102.88   | 11.73       |
| Hearty Garden Vegetable Salad - SR3876 (1 salad)   | 15          | 180.45             | 6.86          | 2.29        | 0.00          | 270.37      | 20.41    | 11.46       |
| American Deli Style Sub - SR3874 (1 sandwich)  | 30          | 307.41             | 10.58         | 3.52        | 0.00          | 788.92      | 32.51    | 23.71       |
| Chicken Caesar Wrap - SR2557 (1 wrap)  | 10          | 441.68             | 23.67         | 6.52        | 0.00          | 680.56      | 37.34    | 19.70       |
| Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)   | 5           | 776.18             | 40.77         | 4.98        | 0.00          | 724.29      | 85.73    | 22.33       |
| Uncrustable Box - OKR1988 (1 portion)  | 25          | 566.37             | 26.16         | 7.55        | 0.00          | 718.80      | 65.99    | 18.55       |
| Breadstick - SR1044 (2 breadstick)   | 40          | 160.00             | 2.00          | 0.00        | 0.00          | 190.00      | 28.00    | 6.00        |
| Taste4 Extras Bar - SR2401 (1 serv.)   | 100         | (M)                | (M)           | (M)         | (M)           | (M)         | (M)      | (M)         |

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Fast  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.